

ZDH-crosslopen	16-jul	23-jul	30-jul	6-aug	13-aug	20-aug	27-aug	gemiddelde	totaal beste 4	verschil(min:sec)
1k j	0:04:14	0:03:59	0:04:09	0:04:33	0:04:11	0:04:07	0:04:37	0:04:19		
<i>Floris Jacob Toutenhoofd</i>	0:04:14	0:03:49	0:04:02	0:04:04	0:03:53		0:03:57	0:04:00	0:15:41	
Kas Vonk			0:04:15	0:04:22	0:04:17	0:04:06		0:04:15	0:17:00	0:01:19
1k m	0:04:20	0:04:14	0:05:04	0:04:53	0:05:02	0:05:04	0:04:58	0:04:54		
<i>Fransien Toutenhoofd</i>	0:04:22	0:04:04	0:04:53	0:04:32	0:04:39		0:04:52	0:04:34	0:18:07	
Caro Vonk			0:05:38	0:05:13	0:05:59	0:06:08		0:05:45	0:22:58	0:04:51
4k d	0:21:17	0:24:30	0:23:16	0:22:49	0:20:38	0:20:45	0:23:54	0:22:45		
<i>Nelly van der Wal</i>	0:21:09	0:21:45	0:23:25	0:20:02	0:20:35			0:21:23	1:25:47	
Laurien Bakker	0:21:10		0:22:53	0:23:37	0:23:44	0:22:44	0:22:46	0:22:49	1:32:07	0:06:20
4k h	0:23:01	0:24:13	0:23:08	0:23:39	0:23:10	0:22:58	0:22:54	0:23:15		
<i>Teun Nieuwenhuis</i>	0:16:24	0:15:42	0:16:23	0:16:17	0:16:29			0:16:15	1:04:51	
Piet Bakelaar	0:19:50	0:21:22	0:21:09	0:22:08	0:21:41	0:21:19	0:21:30	0:21:17	1:25:20	0:20:29
Paul Schermer	0:27:22		0:27:09	0:26:23	0:27:15	0:26:30	0:25:49	0:26:45	1:45:51	0:20:31
Wouter Schermer	0:31:01	0:33:09	0:32:19		0:32:24	0:31:41	0:31:26	0:32:00	2:07:50	0:21:59
Alexander Gibb	0:30:59	0:33:09	0:32:19		0:32:30	0:31:39	0:36:30	0:32:51	2:09:37	0:01:47
Gerard Schuiling	0:22:00	0:33:15	0:33:13	0:33:02		0:33:01	0:31:51	0:31:04	2:11:07	0:01:30
4k j	0:21:00	0:20:09	0:19:43	0:19:12	0:22:43	0:21:00	0:19:08	0:20:45		
<i>Hessel Oswald</i>		0:18:33	0:17:51	0:18:34	0:18:36			0:18:24	1:13:34	
Teun Top	0:21:00	0:21:45	0:20:45	0:19:50	0:20:03			0:20:41	1:22:23	0:08:49
4k m		0:21:40	0:21:22	0:25:17	0:20:25			0:22:48		
<i>Tessa Top</i>		0:21:40	0:21:22	0:25:04	0:20:25			0:22:08	1:28:31	
8k d	0:44:44	0:42:45	0:41:58	0:40:47	0:45:16	0:40:06		0:42:16		
<i>Margot van der Ven</i>		0:38:52	0:38:43	0:39:19		0:37:34		0:38:37	2:34:28	
Romke Milder	0:44:44		0:42:58	0:42:16	0:41:49	0:41:49		0:42:43	2:48:52	0:14:24
8k h	0:39:33	0:37:42	0:36:05	0:37:48	0:33:35	0:34:53	0:35:25	0:36:28		
<i>Maikel van der Gracht</i>	0:36:04		0:33:41	0:34:32	0:33:23	0:33:29	0:32:49	0:34:00	2:14:13	
Sjoerd Groeskamp	0:37:44	0:36:31	0:35:28	0:35:52		0:35:20	0:34:33	0:35:55	2:21:13	0:07:00
8k hv	0:43:25	0:41:11	0:39:15	0:38:08	0:38:24	0:36:51	0:38:12	0:38:47		
<i>Jordy Vinke</i>		0:30:20	0:29:40	0:30:32	0:30:46			0:30:20	2:01:18	
Coen Schoonheden			0:36:12		0:35:33	0:35:14	0:34:48	0:35:27	2:21:47	0:20:29
Rick Siersma			0:38:01	0:37:28	0:37:10	0:37:34		0:37:33	2:30:13	0:08:26
Ivo Huizinga		0:38:36	0:37:52	0:38:03		0:37:18		0:37:57	2:31:49	0:01:36
Peter Visch			0:38:06	0:38:08		0:38:19	0:38:01	0:38:08	2:32:34	0:00:45
Joop Rommets		0:45:03	0:44:14		0:43:41		0:43:40	0:44:09	2:56:38	0:24:04
w	0:32:48	0:29:32	0:30:14	0:29:04	0:30:51	0:40:52	0:29:15	0:35:59		
<i>Harry Bakker</i>	0:32:48	0:29:32	0:30:14	0:29:04	0:30:51	0:29:55	0:29:15	0:30:14	1:57:46	